THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABI AZAD): (a) to (c) Health related data is available through monitoring reports of the National Health Programmes and through various health and demographic surveys. Data from programme monitoring reports is available concurrently with a lag of only few months. 'Sample Registration System' (SRS), a panel survey conducted by the office of Registrar General of India provides data on impact indicators on annual basis. The latest SRS data on the important indicators like Crude Birth Rate, Crude Death Rate, Infant Mortality Rate, Under 5 mortality Rate etc. is available for the year 2009. Periodic surveys are also conducted to get data on various programme and outcome indicators. A considerable time is required for collection, validation and processing of survey data to ensure the quality of data used for generating health indicators.

(d) Various steps have been taken to improve the Monitoring and Evaluation system by providing manpower, capacity building, IT interventions and dedicated funds. A web based online Health Management Information System (HMIS) portal was launched in 2008 for capturing up to date data on the progress of the health programmes/indicators. This has led to faster flow of information from the district and lower levels and data on various indicators is now available timely. In order to provide district wise estimates of demographically weak States on health indicators, first round of Annual Health Survey was conducted in 284 districts during 2010-11.

## Exercise-cum-diet plan by NIN

2266. SHRI JAI PRAKASH NARAYAN SINGH: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether it is a fact that the National Institute of Nutrition (NIN) Hyderabad has come up with an exercise-cum-diet plan for the average Indian, as per the norms defined by the Indian Council for Medical Research (ICMR);
  - (b) if so, the details thereof;
  - (c) whether Government plans to popularise the plan through media advertisements; and
  - (d) if so, the details thereof?

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI SUDIP BANDYOPADHYAY): (a) and (b) Yes. The National Institute of Nutrition (NIN) under ICMR has recently released a book titled "Dietary guidelines for Indians - A Manual (revised)" which

provides for information on small meal plan for sedentary adult man and adult woman. The book also provides a guideline on physical activity titled 'Exercise regularly and be physically active to maintain ideal body weight'.

(c) and (d) At the time of the release of the book on in July, 2011, both the print and television media were briefed about the dietary guidelines. The said book is available at subsidized price for general public. NIN is involved in popularizing information about diet and physical activity in the community through extension lectures, print and television media.

## Misuse of PHCs under NRHM

2267. SHRI B.S. GNANADESIKAN: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether it is a fact that a large number of Primary Health Centres (PHCs) under the ambitious National Rural Health Mission are serving as storehouses for food grains and as community halls and tehsil offices;
- (b) if so, whether Government has taken any steps to ensure that all primary health centres are used for their intended purpose; and
  - (c) if so, the details thereof?

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI SUDIP BANDYOPADHYAY): (a) No specific complaint in this regard has come to the notice of the Ministry. As per the Bulletin on Rural Health Statistics in India, 2010, a total of 23673 Primary Health Centres (PHCs) are functional across the country.

(b) and (c) Management of Primary Health Centres (PHCs) is the responsibility of the respective State/UT Governments. Central Government, under National Rural Health Mission, provides financial assistance to States/UTs as per their plan to facilitate the delivery of proper healthcare services in the rural areas.

## Steps to tackle water borne diseases

2268. DR. K.V.P. RAMACHANDRA RAO: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether Government is aware of the fact that the water borne diseases are on the increase in various parts of the country; and