

Mental healthcare system

256. SHRI BAISHNAB PARIDA: Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether it is a fact that mental healthcare in India is in dire straits, where around 7 per cent of the population of the country suffers from some kind of mental problem, while India has a shortfall of 77 per cent of psychiatrists;
- (b) if so, the status of this disease in the country;
- (c) whether Government proposes to set up additional medical facilities with qualified staff to address this issue; and
- (d) if so, the details thereof?

THE MINISTER OF HEALTH AND FAMILY WELFARE (SHRI GHULAM NABI AZAD): (a) and (b) "Health" is a State subject. The Central Government on its part is implementing the National Mental Health Programme with an objective to provide sustainable and easily available mental health care to mentally ill persons. However, there is considerable room for reform and improvement in the mental health services.

Epidemiological studies from various parts of the country indicate that the prevalence of mental disorders is 6-7%. As per the National Survey of Mental Health Resources carried out by the Directorate General of Health Services, Ministry of Health and Family Welfare, during May and July, 2002, the details of number of patients with mental disorders and proportionate availability of psychiatrist, psychiatric nurses and social workers, clinical psychologist and mental hospital and beds in the Country, State/UT-wise are given in Statement-I (*See below*)

Based on the above survey, the requirement and availability of Psychiatrists in the country is as under:

- Requirement : 11500
- Availability : 3800

(c) and (d) To address the huge burden of mental disorders, Government of India is implementing the National Mental Health Programme (NMHP) since 1982. A

total of 123 districts in 30 States/UTs have been covered under the District Mental Health Programme (DMHP). Under the 11th Five Year Plan, the NMHP has been restructured to include the following components:

- I. Manpower Development Scheme:
 - (i) Establishment of Centres of Excellence (Scheme - A)
 - (ii) Scheme for manpower development in Mental Health (Scheme - B)
- II. District Mental Health Programme with added components of Life Skills Education and Counselling in Schools and Colleges, suicide prevention services etc.
- III. Up-gradation of Psychiatric Wings of Government Medical College
- IV. Modernization of Government Mental Hospitals

There are 3 Centrally run mental health institutes, 40 State run mental hospitals and 335 Departments of Psychiatry in various medical colleges (154 in Government and 1818 in private) across the country equipped to treat patients suffering from mental illness. List of Government Mental Health Institutes is given in Statement - II

Statement - I

The details of number of patients with mental disorders and proportion at availability of psychiatric nurses and social workers clinical psychologist and mental hospitals and beds in the country State/UT wise

Sl. No.	State (1)	Population (2)	Estimated case load (4)		Existing facilities Hospital beds (5)			Manpower resources (6)											
								Psychi- atrists			Clinical psychologists			Psy. social workers			Psychiatric nurses		
								Avai- able	Ideal req.	Deficit	Avai- able	Ideal req.	Deficit	Avai- able	Ideal req.	Deficit	Avai- able	Ideal req.	Deficit
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1.	Andaman and Nicobar	356265	43	3562	18810	10	-	1	4	3	-	6	6	-	8	8	-	3	3
2.	Andhra Pradesh	75727541	275	757275	3766375	1020	210	180	757	577	8	865	857	3	1154	1151	Nil	123	123
3.	Arunachal Pradesh	1091117	13	10911	54555	10	-	1	10	9	-	15	15	-	20	20	-	1	1

4.	Assam	26638407	340	266384	1331720	500	-	29	266	237	5	450	445	1	564	563	1	50	49	Written Answers to [26 FEB., 2013] Unstarred Questions 229
5.	Bihar	82878796	880	828787	4143935	-	-	28	828	800	13	1214	1201	NA	1656	**	NA	**	**	
6.	Chandigarh	900914	7903	9009	45045	57	-	31	9	+22	14	14	-	10	18	8	1	6	5	
7.	Chhattisgarh	20795956	154	207959	1049795	10	3	15	207	192	1	304	303	2	414	412	-	2	2	
8.	Daman and Diu, Dadra and Nagar Haveli	158059 220451	1411 449	3785	18925	10	-	1	4	3	-	6	6	1	8	7	4	1	+3	
9.	Delhi	13782976	9294	137829	689145	329	113	155	137	+18	43	207	164	13	274	261	172	32	+140	
10.	Goa	1343998	363	13439	77195	210	-	26	14	+12	2	21	19	3	28	25	2	21	19	
11.	Gujarat	50596992	258	505969	2529845	853	326	97	505	408	12	753	741	12	1010	998	-	118	118	
12.	Haryana	21082989	477	210829	1054145	89	98	39	210	171	2	315	313	-	420	420	1	19	18	
13.	Himachal Pradesh	6077248	109	60772	303860	14	3	8	61	53	2	90	88	-	122	122	-	6	6	
14.	Jharkhand	26909428	338	269094	1345470	1173	145	50	270	220	15	405	390	10	540	530	NA	135	**	

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
15.	Jammu and Kashmir	10069917	99	100699	503495	120	-	4	100	96	1	150	149	1	200	199	-	12	12
16.	Karnataka	52733958	275	527339	2636695	1341	1113	198	527	329	69	762	693	56	1052	996	175	245	70
17.	Kerala	31838619	819	318386	1591930	1937	1539	238	318	80	42	477	435	40	636	596	14	348	334
18.	Lakshadweep	60595	1894	605	3025	-	-	-	1	1	-	2	2	-	4	4	-	1	1
19.	Madhya Pradesh	60388118	196	603881	3019405	592	NA	12	603	591	-	905	905	-	1206	1206	1	60	59
20.	Maharashtra	96752247	314	967522	4837610	6073	652	486	967	481	33	484	451	44	1934	1890	117	672	555
21.	Manipur	2388634	107	23886	119430	10	-	6	24	18	1	36	35	2	48	46	-	1	1
22.	Meghalaya	2306069	103	23060	115300	70	-	5	23	18	-	35	35	-	46	46	2	7	5
23.	Mizoram	891058	93	8910	44550	14	-	4	9	5	1	13	12	1	18	17	2	2	-
24.	Nagaland	1988636	120	19886	99430	25	-	5	20	15	-	30	30	-	40	40	1	3	2
25.	Odisha	36706920	236	367069	1835345	118	-	19	367	348	5	550	545	1	734	733	-	11	11
26.	Puducherry	973829	2029	9738	48690	44	20	15	10	45	1	5	14	13	20	7	20	7	-(+13)
27.	Punjab	24289296	482	242892	1114460	580	267	89	242	153	18	363	345	21	484	463	10	85	75

230 Written Answers to

[RAJYA SABHA]

Unstarred Questions

28.	Rajasthan	56473122	165	564731	2823655	627	110	75	565	490	12	798	786	4	1126	1130	-	74	74
29.	Sikkim	540493	78	5404	27020	20	12	2	5	3	-	7	7	-	10	10	-	3	3
30.	Tamil Nadu	62110839	478	621108	3105540	1800	NA	262	621	359	7	910	903	21	1242	1221	-	180	180
31.	Tripura	3191168	304	31911	159555	16	-	9	31	22	-	45	45	-	62	62	-	2	2
32.	Uttaranchal	8479562	159	84795	423975	-	-	6	84	78	-	126	126	-	168	168	-	-	-
33.	Uttar Pradesh	166052859	689	1660528	8302640	1750	275	115	1660	1545	20	2490	2470	35	3320	3285	-	202	202
34.	West Bengal	80221171	904	802211	4011055	1471	210	83	802	719	28	1204	1176	-	1604	1604	4400*	1604	+4258
GRAND TOTAL				10270165	5125165	20893	5096	2219	9696	7477	343	13259	12926	290	19054	17118	***6527	4036	**

Note

* figure unreliable: Nurses with some psychiatric training but without a Diploma in Psychiatric Nursing (DPN) appear to have been included.

**Figures unreliable

Column 2. The population figures have been taken from the Census of India-2001 as published in Provisional Population Totals (Registrar General Census Commissioner, India).

Column 3. Population density per square kilometer together with geographical terrain is a useful input in planning deployment of mental health resources.

Column 4. Case-load in respect to major mental disorders has been calculated at the rate of 1% of the population and that of minor mental disorders at the rate of 5% of population.

SOURCE: National Survey of Mental Health Resources carried out by the Directorate General of Health Services, Ministry of Health and Family Welfare during May and July, 2002

Statement - II***List of Govt. Mental Hospitals***

Sl. No.	State	Name of the Mental Hospital
1.	Andhra Pradesh	Institute of mental Health, Govt. Hospital for Mental Care, S.R. Nagar, Hyderabad Pin Code: 500038 ANDHARA PRADESH
2.	Andhra Pradesh	Government Hospital for Mental Care, Chinnawaltair, Vishakapatnam, Andhra Pradesh Pin Code: 500 023
3.	Assam	Lokopriya Gopinath Bordoloi Institute of Mental Health, P.O. Tezpur, Dist. Sonitpur, Assam, Pin Code: 784 001 <i>(Central Government Institute)</i>
4.	Bihar	Institute of Mental Health, Koelwar, Bhojpur, BIHAR
5.	Jharkhand	Central Institute of Psychiatry, Kanke P.O. Ranchi, Pin Code: 834 006 JHARKHAND
6.	Jharkhand	Ranchi Institute of Neuropsychiaty and Allied Science (RINPAS), Kanke, Ranchi, Pin Code : 834006, JHARKHAND <i>(Central Government Institute)</i>
7.	Delhi	Institute of Human Behavior and Allied Sciences, G.T. Road, P.O. Box 9520, Jhilmil, Delhi, Pin Code : 110 095
8.	Goa	Institute of Psychiatry and Human Behavior, Althinho, Panaji, GOA. Pin Code : 403 001
9.	Gujarat	Hospital for Mental Health, bhuj, Gujarat, Pin Code: 370001
10.	Gujarat	Hospital for Mental Health, Vikasgurh Road, Jamnagar, Gujarat, Pin Code: 361008

Sl. No.	State	Name of the Mental Hospital
11.	Gujarat	Hospital for Mental Health, Behind Kapadia High School, Outside Delhi Gate, Shahibaug Road, Ahamedabad 380 004, Gujarat Pin Code: 380004
12.	Gujarat	Hospital for Mental Health, Karelibag, Baroda
13.	Himachal Pradesh	Himachal Hospital of Mental Health and Rehabilitation Boileauganj, Shimla-171004, HIMACHAL PRADESH
14.	Jammu and Kashmir	Govt. Hospital for Psychiatric Diseases, Rainawari, Khatidarwaze, SRINAGAR (JAMMU AND KASHMIR)
15.	Jammu and Kashmir	The Medical Superintendent, Psychiatric Diseases hospital GMC, Jammu, Ambphalla B.C. Road, Jammu, Pin Code: 180001, JAMMU AND KASHMIR
16.	Karnataka	Karnataka Institute of Mental Health, Belgaum Road, Dharwad, Karnataka, Pin Code: 580 008
17.	Karnataka	National Institute of Mental Health and Neuro Sciences NIMHANS, P.O. Box No. 2900, Bangalore. Pin Code: 560 029, KARNATAKA (Central Government Institute)
18.	Kerala	Mental Health Centre, Oalampara, Thiruvanthapuram, Kerala, Pin Code: 695 005
19.	Kerala	Govt. Mental Health Centre, Kuthiravattom P.O. kozhikode, Kerala, Pin Code : 673 016
20.	Kerala	Govt. Mental Health Centre, Poothole P.O., Thrissur, Kerala, Pin Code : 680 004

Sl. No.	State	Name of the Mental Hospital
21.	Madhya Pradesh	Gwalior Manasik Arogyasala, Central Jail Road, Gwalior, Madhya Pradesh, Pin Code : 4740 012
22.	Madhya Pradesh	Mental Hospital, Banganga Sawer Road, Indore, Madhya Pradesh, Pin Code : 452 002
23.	Maharashtra	Regional Mental Hospital, Nagpur, Maharashtra, Pin Code: 440029
24.	Maharashtra	Regional Mental Hospital, Yeravda, Pune, Maharashtra, Pin Code: 411006
25.	Maharashtra	Regional Mental Hospital, Wagle Estate, Thane (W) MAHARASHTRA, Pin Code: 400604
26.	Maharashtra	Regional Mental Hospital, Ratnagiri, MAHARASHTRA Pin Code: 415612
27.	Meghalaya	Meghalaya Institute of Mental Health and Neurosciences Shillong, Meghalaya
28.	Meghalaya	Modern Psychiatric Hospital, Narsingarh, Agartala, West Tripura
29.	Nagaland	Mental Hospital, Kohima, Nagaland, Pin Code: 797001
30.	Odisha	Mental Health Institute, S.C.B. Medical College, Cuttack, Odisha, Pin Code : 753 007
31.	Punjab	Dr. Vidyasagar Punjab Mental Hospital, Circular Road, Amritsar, Pin Code: 143001
32.	Rajasthan	Mental Hospital (Psychiatric Center), Janta Colony, Jaipur, Rajasthan, Pin Code: 302004
33.	Rajasthan	Mental Hospital, (Psychiatric Center), Shastri Nagar, JODHPUR, PIN: 342001

Sl. No.	State	Name of the Mental Hospital
34.	Tamil Nadu	Institute of Mental Health, Medavakkam Tank Road Kilpauk, Chennai, Tamil Nadu, Pin Code : 600010
35.	Uttar Pradesh	Institute of Mental Health and Hospital Billochpura, Mathura Road, Agra, Uttar Pradesh, Pin code: 282002
36.	Uttar Pradesh	Mental Hospital Bareilly, Civil Lines, Bareilly, Uttar Pradesh, Pin Code: 243005
37.	Uttar Pradesh	Mental Hospital, S2/1 Pandeypur, Varansi, Uttar Pradesh, Pin Code: 221002
38.	West Bengal	Lumbini Park Mental Hospital, 115, G.S, Bose Road, Calcutta, West Bengal, Pin Code: 700 010
39.	West Bengal	Institute for Mental Care, Purulia P.O., Purulia, WEST BENGAL, Pin Code : 723103
40.		Mental Hospital Berhampore, Berhampore Mental Hospital, Berhampore P.O., Murshidabad, WEST BENGAL, Pin Code: 74 2101
41.		The Mental Hospital (Calcutta and Mankundu), 133, Vivekananda Road, Culcutta, West Bengal, Pin Code : 700006
42.		7, D.L. Khan Road, Calcutta, West Bengal. Pin Code: 700025
43.		Calcutta Pavlov Hospital, 18, Gobra Road, Calcutta, West Bengal, Pin Code: 700 046