

- (vii) Strengthening of State Drug Testing Laboratories for ASU &H Drugs.
- (viii) Support for cultivation of Medicinal Plant including processing and post-harvest management.

Schemes for promotion of AYUSH

1740. SHRI RAM KUMAR KASHYAP: Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY be pleased to state:

(a) the details of the schemes being implemented/lying pending for promotion of Unani, Homoeopathy, Ayurveda, Yoga and Naturopathy and the amount of funds allocated and spent for the said purpose during the last three years;

(b) whether Government proposes to allot any special amount of funds for promoting the said systems of medicine at several health centres in the country, State/UT-wise details thereof; and

(c) the details of Naturopathy and Yoga Hospitals empanelled by Central Government Health Scheme (CGHS) and Delhi Government Employees Health Scheme (DGEHS) for Yoga and Naturopathy treatments/procedures in Delhi together with Fixation of Package rates?

THE MINISTER OF STATE OF THE MINISTRY OF AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (SHRI SHRIPAD YESSO NAIK): (a) The Ministry of AYUSH generally does not endorse any specific medicine however, it promotes the AYUSH systems of medicine to increase awareness and acceptability among the general public. For this purpose, the Ministry has been implementing Central Sector Scheme of Information, Education and Communication (IEC) in AYUSH by organizing National/State level Arogya fairs and Ayurveda Parvs, Seminars, Conferences, Symposiums and Workshop in the country. The IEC activities also include Multi-Media Campaigns i.e. Print media, Electronic media, Social media and out door publicity for popularization of AYUSH Systems. These programmers have contributed to:-

- Creation of awareness amongst the citizens about the efficacy of the AYUSH Systems;
- Dissemination of proven results of Research and Development work conducted in AYUSH Systems.
- Providing a forum where horizontal and vertical interaction among stakeholders of AYUSH Systems can take place.
- Propagation and promotion of AYUSH.

The Ministry also organizes Ayurveda Day, Siddha Day, and Unani Day in befitting manner to promote and create awareness regarding these systems of medicine and their benefits.

The budget details of IEC Scheme for the last three years is as follows

F.Y.	RE (₹ in crores)	AE (₹ in crores)
2016-17	27.00	24.66
2017-18	37.10	31.07
2018-19	64.00	63.69

(b) No.

(c) Details of Naturopathy and Yoga hospitals empanelled by CGHS in Delhi are as under:

- (i) Kailash Institute of Naturopathy, Ayurveda and Yoga, Greater Noida
- (ii) Vivekananda Pratishthan Parishad, Vivekananda Hospital Yogashram, Patparganj Road, Khureji, Delhi.
- (iii) Bapu Nature Cure Hospital and Yogashram, Gandhi Nidhi, Mayur Vihar, Phase-I, Delhi. Their package rates are given in the Statement (*See below*).

However, Ministry does not maintain any records of hospitals empanelled with Delhi Government.

Statement

Revised CGHS Rates and Guidelines for reimbursement/ settlement of Siddha treatment expenditure claim under CGHS

1. List of diseases/disease conditions needing hospitalization of the patients, indicative therapies and likely duration of hospitalization:—

Sl. No.	Disease	Therapies	Charges per day	Minimum duration	Repetition
YOGA					
1.	Musculo-skeletal disorders like Arthritis, Cervical or Lumbar Spondylitis, Backache etc.	Yogic Sukshma Vyayaam, Yogasana, Pranayama, Bandha and Mula, Dhyana/Yoqanidra	₹ 500/- to 1000/-	4 weeks	At least 2 week safter the first course of treatment, if needed.
2.	Cardiovascular disorders	Ahara, Yogic Sukshma Vyayaam, Yogasana, Pranayama, Mantra Japa, Yoganidra	₹ 500/- to 1000/-	2 weeks	₹ 500/- to 1000/- 2 weeks. At least one week after the first course of treatment, if needed
3.	Cancer rehabilitation	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Dhyana	₹ 500/- to 1000/-	3-4	At least 10 days to 2 weeks after the first course of treatment, if needed
4.	Psychiatric conditions, Depression, Anxiety, Insomnia etc.	Shat Karma, Yogic Sukshma Vyayaam, Suryanamaskar, Yogasana, Pranayama, Bandha and Mula, Mantra Japa, Dhyana	₹ 500/- to 1000/-	3-4 weeks	At least 10 days to 2 weeks after the first course of treatment, if needed

5. Metabolic disorder, Diabete"s, Obesity, etc.	Ahara, Shat Karma, Suryanamaskar, Yogasana, Pranayama, Mantra Japa, Dhayana	₹ 500/- to 1000	6 weeks	At least 3 weeks after the first course of treatment, if needed
6. Psychosomatic Disorders, Irritable Bowel Syndrome (IBS), Constipation, Acidity etc.	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Yogahidra	₹ 500/- to 1000/-	3	At least 2 weeks after the first course of treatment, if needed
7. Asthma, Chronic Respiratory disorder	Ahara, Shat Karma, Yogic Sukshma Vyayam, Yogasana, Pranayama, Bandha and Mula, Mantra Japa, Dhayana	₹ 500/- to 1000/-	4 weeks	At least 2 weeks after the first course of treatment, if needed
8. Sinusitis, Migraine, etc.	Ahara, Shat Karma, Yogasana, Pranayama, Mantra Japa, Yogandira	₹ 500/- to 1000	3 weeks	At least 2 weeks after the first course of treatment, if needed

NATUROPATHY

1. Diabetes mellitus	Full body/local massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/mud pack, Underwater massage, Packs, Naturopathy diet	₹ 500/- to 1000/-	15	After 6 months
2. Obesity	Fasting, Fullbody/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/mud pack, Full wet sheet pack, Underwater massage, Naturopathy diet	₹ 500/- to 1000/-	21 days	After 6 months

Sl. No.	Disease	Therapies	Charges per day	Minimum duration	Repetition
3.	Metabolic disorders	Fasting, Full body/local Dry massage, steam bath, Hip bath, Alternate Hip bath, Mud bath/mud pack, Full wet sheet pack, Full Immersion bath, Underwater massage, Naturopathy diet	₹ 500/- to 1000/-	15 days	After 6 months
4.	Hypertension and cardio-vascular disease	Full body/local massage, steam bath, Spinal bath, Arm and Foot bath, Mud bath/mud pack, Full wet sheet pack, local packs, Naturopathy diet	₹ 500/- to 1000/-	15 days	After 6 months
5.	Bronchial asthma/Chronic bronchitis	Full body/local massage, steam bath, Spinal bath, Arm and Foot bath, Mud bath/mud pack, chestpack, Facial steam. Naturopathy diet	₹ 500/- to 1000/-	15 days	After 6 months
6.	Arthritis (Osteo, Rheumatoid, Gout)	Full body/local massage, steam bath, Local steam, Spinal bath, Arm and Foot bath, Full Immersion bath, Mud bath/mud pack, Packs, Naturopathy	₹ 500/- to 1000/-	15 days	After 6 months

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|----|---|--|-------------------|---------|----------------|
| 7. | Musculoskeletal disorders
(Low back pain, sciatica,
cervical spondylosis) | Full body/local massage, steam
bath, Spinal bath, Arm and Foot
bath, Local steam, Full Immersion
bath, Mud bath/mud pack, Packs,
Naturopathy diet | ₹ 500/- to 1000/- | 15 days | After 6 months |
| 8. | Skin disorders (Psoriasis,
Eczema) | Full body/local massage, steam
bath, Spinal bath, Local steam,
Full immersion bath, Mud bath/
mud Pack, packs, Full wet sheet
Pack, Naturopathy diet | ₹ 500/- to 1000/- | 21 days | After 6 months |
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2. Unit Cost of YOGA/NATUROPATHY therapies/interventions in OPD/IPD:—

Unit cost per therapy/intervention means cost of procedure including cost of medicines used in the procedure as under.

Sl. No.	Procedures/Treatment	Rate per unit
YOGA		
1.	Jalaneti (OPD)	₹ 050/-
2.	Sutra neti (OPD)	₹ 050/-
3.	03 Dugdhaneti (OPD)	₹ 100/-
4.	Ghritaneti (OPD)	₹ 100/-
5.	Kunjala/Vamanadhouti (OPD)	₹ 100/-
6.	Vastradhouti (OPD)	₹ 100/-
7.	Jalabasti (OPD)	₹ 150/-
8.	Sthalabasti (OPD)	₹ 050/-
9.	Moolashodhana/Chakri Karma (OPD)	₹ 050/-
10.	Shankhprakashalana (with therapeutic diet) (OPD)	₹ 500/-
11.	Kapalabhati (OPD)	₹ 025/-
12.	Nauli (OPD)	₹ 050/-
13.	Trataka (Jyoti) (OPD)	₹ 050/-
14.	Shat karma package-I (Jalaneti, Sutra neti and Kapalabhati) (OPD)	₹ 150/-
15.	Shat karma package-II (Jalaneti, Sutra neti, Kunjala/Aastra Dhouti and Kapalabhati) (OPD)	₹ 200/-
16.	Trataka package (Jatrutrataka, Jyoti Trataka, Eye washand relaxation technique) (OPD)	₹ 100
17.	Individual Yoga Therapy Session (Yogic Sukshnavyayama, Surya namaskar, Yogasana, Relaxation) (Minimum one hour duration)	₹ 100/
18.	Individual Pranayama/Dhyana (Meditation) session (Minimum one hour duration) (OPD)	₹ 100/-
19.	One day individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhyana) (around 3 hours) (OPD)	₹ 250/-

Sl. No.	Procedures/Treatment	Rate per unit
20.	One week individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhayana etc.) (Minimum 1 hour daily) (OPD)	₹ 500/-
21.	One month individual Yoga therapy package (Shatkarma, Yogasana, Pranayama, Dhayana etc.) (Minimum 1 hour daily) (OPD) ₹ 1,500/-	₹ 1,500/-
22.	One week Yoga therapy package (3-4 hours per day) (OPD)	₹ 1,500/-
23.	Two weeks Yoga therapy package (3-4 hours per day)(OPD)	₹ 2,500/-
24.	One month Yoga therapy package (3-4 hours per day) (OPD)	₹ 5,000/-
25.	One week Yoga therapy package (Indoor)/(OPD)	₹ 10,000/-
26.	Two weeks Yoga therapy package (Indoor)/(OPD)	₹ 18,000/-
27.	Three weeks Yoga therapy package (Indoor)/(OPD)	₹ 25,000/-

NATUROPATHY

Jal Chikitsa (Hydrotherapy)

1.	Hip bath	₹ 150/-
2.	Spinal bath	₹ 100/-
3.	Spinal spray	₹ 200/-
4.	Arm/Foot bath	₹ 150/-
5.	Full Immersion bath	₹ 200/-
6.	Local jet spray	₹ 200/-
7.	Under Water Massage	₹ 350/-
8.	Deluxe Hydro Massage	₹ 400/-
9.	Whirl pool bath	₹ 400/-
10.	Circular jet bath	₹ 350/-
11.	Enema	₹ 100/-
12.	Colon Hydrotherapy	₹ 500/-
13.	Local steam	₹ 100/-
14.	Full body steam	₹ 200/-
15.	Sauna bath	₹ 250/-

Mardana Chikitsa

16.	Full body Mardana	₹ 300/-
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Sl. No.	Procedures/Treatment	Rate per unit
17.	Locla Mardana	₹ 150/-
18.	Dry Mardana	₹ 200/-
Packs/Fomentation		
19.	Full wet sheet pack or Fomentation	₹ 150/-
20.	Local pack/fomentation (chest, abdomen, leg ets.)	₹ 100/-
Mud Therapy		
21.	Full Body Mud Bath	₹ 250/-
22.	Local Mud pack Application	₹ 100/-
Naturopathy Therapeutic Diet		
24.	Naturopathy diet (single Serve)	₹ 100/-
Package Treatments with minimum 3 procedures.		
25.	One day package treatment (OPD)	₹ 750/-
26.	One week package treatment (OPD)	₹ 3,500/-
27.	Two weeks package treatment (OPD)	₹ 6,000/-
28.	Three weeks package treatment (OPD)	₹ 9,000/-
29.	One week package treatment (IPD)	₹ 10,000/-
30.	Two weeks package treatment (IPD)	₹ 18,000/-
31.	Three weeks package treatment (IPD)	₹ 25,000/-

Note: Any minor/local Naturopathy procedure/therapy not included in the above list may be charged upto ₹ 100/- per sitting for upto 28 days.

3. Determination of treatment expenditure for payment/reimbursement

For the purpose of settlement of Naturopathy treatment expenditure under CGHS, following criteria shall be applied:

- Above-mentioned rates of therapies/interventions shall be benchmarks for calculating treatment expenditure.
- The above unit rates are inclusive of the cost implication of materials, medicines, accessories, equipment maintenance and manpower (medical, paramedical and nursing) and diet used in imparting therapies except room rent of the hospitalization.
- Pre and post procedure cost will be chargeable @ ₹ 75 per day.
- Room rent, wherever applicable shall be chargeable as per the rates prescribed in the OM.