

service initiatives, and PM National Dialysis Programme are being implemented to provide free essential medicines, diagnostics and dialysis services in public health facilities, thereby providing healthcare services even without insurance cover.

(c) As per the Economic Survey 2019-20, General Government (Centre and States) expenditure on health as a per cent of GDP in India during the last five years is as follows:—

Year	General Government expenditure on health as percentage of GDP
2019-20 (BE)	1.6%
2018-19 (RE)	1.5%
2017-18	1.4%
2016-17	1.4%
2015-16	1.3%

WRITTEN ANSWERS TO UNSTARRED QUESTIONS

30-minute yoga break

961. SHRIMATI VIJILA SATHYANANTH: Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY be pleased to state:

(a) whether it is a fact that Government had asked Government institutions and other corporate bodies to initiate a mandatory 30-minute yoga break for their employees, if so, the details thereof; and

(b) whether it is also a fact that the process of developing yoga protocols began with a core group of renowned yoga practitioners and experts framing them and if so, the details thereof?

THE MINISTER OF STATE OF THE MINISTRY OF AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) (SHRI SHRIPAD YESSO NAIK): (a) The Ministry of AYUSH has not asked Government institutions and other corporate bodies to initiate a mandatory 30-minute yoga break for their employees.

However, this Ministry has launched 5-minute Yoga Break (Y-Break) on 13.01.2020 on a voluntary trials basis. It is a 5-minute exercise designed for the workplace to help professionals to de-stress, refresh and re-focus in the working environment. It consists of a few light practices that can be done by taking a 5-minute break from work.

(b) The process of developing 5-minute Yoga protocol was done by Yoga Experts as detailed below:—

- (i) Dr. Ishwar V. Basavaraddi, Director, Morarji Desai National Institute of Yoga (MDNTY).
- (ii) Shri S. Shridharan, Leading Yoga Expert and Trustee, Krishnamacharya Yoga J Mandiram.
- (iii) Dr. Mukund Vinayak Bhole, Consultant in Yoga Therapy and Promoter of Experiential Yoga, Lokmanya Medical Research Centre.

Yoga villages in the country

962. DR. BANDA PRAKASH: Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY be pleased to state:

- (a) the number of Yoga Villages identified in the country, State-wise; and
- (b) the amount of funds released for these Yoga Villages, since the last three years?

THE MINISTER OF STATE OF THE MINISTRY OF AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) (SHRI SHRIPAD YESSO NAIK): (a) and (b) Ministry of AYUSH presently does not have a scheme of identifying Yoga villages.

Since Public Health is a State subject, initiating various steps for promotion of Yoga for healthcare in their respective domains fall under the purview of the respective State/ UT Governments, and some of them- have identified Yoga villages. However, the Ministry of AYUSH does not maintain information on such activities of State/UT Governments.

AYUSH projects in Kerala

963. SHRI ELAMARAM KAREEM: Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY be pleased to state: