

**GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY**

**RAJYA SABHA  
UNSTARRED QUESTION NO.1160  
TO BE ANSWERED ON 11.02.2021**

**Provision of breakfast in Government schools**

**1160. Shri Rajeev Satav:**

Will the Minister of *Education* be pleased to state:

- (a) whether Government propose to offer breakfast in Government schools along with the Mid-Day Meal and if so, the details thereof and the aims and objectives behind the move;
- (b) whether Government will consider to provide breakfast which has nutritional contents as per the recommendations of National Institute of Nutrition and if so, the details thereof;
- (c) whether Government has been successful in implementing the Mid-Day School Meal and if not, the corrective measures taken in this regard; and
- (d) the time by when offering of breakfast along with Mid-Day Meals in Government schools will be started?

**ANSWER  
MINISTER OF EDUCATION  
(SHRI RAMESH POKHRIYAL 'NISHANK')**

- (a) to (d): The National Education Policy (NEP) envisages that the nutrition and health (including mental health) of children will be addressed, through healthy meals and the introduction of well-trained social workers, counsellors, and community involvement into the schooling system.

Furthermore, research shows that the morning hours after a nutritious breakfast can be particularly productive for the study of cognitively more demanding subjects and hence these hours may be leveraged by providing a simple but energizing breakfast in addition to midday meals. In locations where hot meals are not possible, a simple but nutritious meal, e.g., groundnuts/ chana mixed with jiggery and/or local fruits may be provided.

Mid-Day Meal Scheme (MDMS) is implemented all over the country successfully. During 2019-20, 11.80 crore children are enrolled in 11.20 lakh schools under the scheme.

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