

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**RAJYA SABHA
UNSTARRED QUESTION NO.170
TO BE ANSWERED ON 20th July, 2021**

WELLNESS CENTRES IN THE COUNTRY

170 DR. AMEE YAJNIK:

Will the Minister of **AYUSH** be pleased to state:

- (a) the details of number of wellness centres established by Government in the last three years, State-wise;
- (b) whether any effective medicine is recognised by Government in prevention and protection in pre or post COVID-19 cases, if so, the details thereof; and
- (c) the details of specific measures that have been taken by Government to restrict the spread of COVID-19 since March, 2020 till date?

**ANSWER
THE MINISTER OF STATE OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI MAHENDRABHAI MUNJAPARA)**

(a): State/UT wise status of established Ayush Health and Wellness Centres is furnished at Annexure- I.

(b): Yes. Ministry of Ayush issued an advisory on 29.01.2020 on how to protect oneself from COVID and how to stay healthy. Ministry has written a letter dated 06.03.2020 to all Chief Secretaries of States / Union territories with more specific suggestions on augmentation of General Immunity of people and about possible Ayush intervention. Ministry has also issued self-care guidelines on 31.03.2020 for preventive health measures and boosting immunity with particular reference to respiratory health. The Ministry of Ayush has also released “National Clinical Management Protocol based on Ayurveda and Yoga for management of COVID-19” prepared by National Task force with consensus from expert committees.

During the second wave of this pandemic, AYUSH-64 and Kabasura Kudineer has emerged as a ray of hope for the patients of mild and moderate COVID-19 infection. The scientists of reputed research institutions of the country have found that AYUSH-64, a polyherbal formulation developed by the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush is helpful in the treatment of asymptomatic, mild and moderate COVID-19 infection as an adjunct to standard care.

(c): Details of the specific measures taken by the Ministry of Ayush to restrict the spread of COVID-19 since March, 2020, are at Annexure- II

| State/UT wise details of Ayush Health and Wellness Centres (HWCs) | | | |
|--|-------------------------|----------------------------|-------------------------------|
| Sr. No. | Name of State/UT | Ayush HWCs approved | Ayush HWCs established |
| 1 | Andman & Nicobar Island | 06 | 03 |
| 2 | Andhra Pradesh | 110 | 00 |
| 3 | Arunachal Pradesh | 36 | 00 |
| 4 | Assam | 49 | 00 |
| 5 | Bihar | 108 | 00 |
| 6 | Chandigarh | 05 | 05 |
| 7 | Chhattisgarh | 200 | 02 |
| 8 | Goa | 09 | 00 |
| 9 | Gujarat | 265 | 53 |
| 10 | Haryana | 545 | 320 |
| 11 | Himachal Pradesh | 140 | 140 |
| 12 | Jammu & Kashmir | 194 | 161 |
| 13 | Jharkhand | 100 | 00 |
| 14 | Karnataka | 106 | 106 |
| 15 | Kerala | 90 | 13 |
| 16 | Lakshadweep | 03 | 03 |
| 17 | Madhya Pradesh | 362 | 323 |
| 18 | Maharashtra | 294 | 37 |
| 19 | Manipur | 05 | 00 |
| 20 | Meghalaya | 35 | 00 |
| 21 | Mizoram | 24 | 00 |
| 22 | Nagaland | 49 | 02 |
| 23 | Odisha | 100 | 00 |
| 24 | Puducherry | 03 | 03 |
| 25 | Punjab | 152 | 00 |
| 26 | Rajasthan | 500 | 00 |
| 27 | Sikkim | 18 | 00 |
| 28 | Tamil Nadu | 140 | 48 |
| 29 | Tripura | 38 | 00 |
| 30 | Uttar Pradesh | 592 | 02 |
| 31 | Uttarakhand | 70 | 00 |
| 32 | West Bengal | 100 | 20 |

Details of the specific measures taken by the Ministry of AYUSH to restrict the spread of COVID-19 since March, 2020 to till date

1. **On 29.01.2020** - Ministry of Ayush issued an advisory on protecting yourself from COVID and staying healthy. In the advisory, in addition to maintaining hygiene like hand wash, use of mask etc. simple home remedies were also suggested for people.
2. **On 06.03.2020**- A letter to all Chief Secretaries of States / Union territories was sent from the Ministry with more specific suggestions on augmentation of General Immunity of people and possible Ayush intervention wherever required in coordination with Health departments of the States / UTs.
3. **On 16.03.2020**- A letter was sent to the Ministry of Health & Family welfare offering to integrate and utilize huge Ayush infrastructure to combat the COVID-19 pandemic.
4. **On 23.03.2020**- Ministry has sent a D.O. letter to Principals of all Ayurveda, Siddha, Unani and Homoeopathy (ASU&H) colleges (approximately 727 colleges) for utilization of available infrastructure facilities like Hospital (IPD & OPD), pathology laboratory, ICU and manpower including medical & Paramedical Staff to combat with the COVID19 pandemic. Therefore, they were requested to offer their services to local health authorities for utilization of the available facilities by them as per the situation arises. Accordingly, the various Ayush institutes and hospitals were utilized by State Governments and designated as quarantine centre, isolation centre, Covid care centre and Covid health centre.
5. **On 23.03.2020**- A D.O. Letter from Secretary, Ayush was sent to Secretary DHR & DG ICMR to initiate research for Ayush leads to deal with Corona Pandemic.
6. **On 31.03.2020**- The Ministry uses platforms like video conferencing and social media to reach out to Ayush practitioners and involve them in stopping and discouraging false and unsupported claims.
7. **On 31.03.2020**- Ministry of Ayush recommends self-care guidelines for preventive health measures and boosting immunity with special reference to respiratory health.
 - General Measures
 - Ayurvedic Immunity Promoting Measures
 - Simple Ayurvedic Procedures
 - During dry cough/sore throat
8. Ministry of Ayush and MoHFW have jointly provided training to 33,000 Ayush master trainers. Total 66045 AYUSH Personnel had obtained training at igot.in platform on continual basis. Ministry of Ayush has coordinated with MoHFW for utilisation of Ayush manpower as COVID warrior to manage COVID-19 with identified roles.

9. On 02.04.2020- Ministry of Ayush has formed an Interdisciplinary Ayush R&D Task Force chaired by Prof. Bhushan Patwardhan and having representation from scientists including ICMR, DBT, CSIR, AIIMS and AYUSH Institutions. The Interdisciplinary Ayush Research and Development Task Force has formulated and designed clinical research protocols for prophylactic studies and add-on interventions in COVID-19 positive cases through thorough review and consultative process of high repute experts from different organizations across the country for studying four different interventions viz. Ashwagandha, Yashtimadhu, Guduchi + Pippali and a polyherbal formulation (AYUSH-64).

10. On 21.04.2020- Ministry of Ayush issued Gazette notification for undertaking research on COVID-19 through Ayurveda, Siddha, Unani and Homeopathy Systems including prophylactic measures, intervention during the quarantine, asymptomatic and symptomatic cases of COVID-19, Public Health Research, Survey, Lab Based Research etc. to generate evidence.

Ministry of Ayush has also launched interdisciplinary studies involving Ayush interventions for COVID-19 based on Task force recommendations. Under various research organizations and National Institutes under the Ministry of Ayush, 126 research studies at approx. 152 centres in the country have been initiated on Ayush interventions. Ministry of Ayush has also taken initiatives to conduct clinical studies on Ayurvedic medicine with countries like USA, Brazil, South Africa, Ghana, UK, Germany etc.

11. Ayush Sanjivani mobile app has also been developed by the Ministry of Ayush and has documented the impact assessment of effectiveness, acceptance and usage of Ayush advisories & measures in the prevention of COVID-19 through the Mobile app base population study in around 1.5 crores respondents. 85.1% of the respondents reported use of Ayush measures for prevention of COVID-19, among which 89.8% respondents agreed to have benefitted from the practice of Ayush advisory.

12. On 31.05.2020- Guidelines for Registered Practitioners of respective system of Ayush have been prepared by Director Generals of Research Councils and Directors of National Institutes with their team of experts and same is vetted by the Inter-disciplinary Ayush Research and Development Task Force of Ministry of Ayush. These guidelines are made available in the public domain to benefit registered Ayush practitioners including Homoeopathy to help in the management of COVID 19 pandemic uniformly.

13. On 28.07.2020- In order to make the process of product approval/licensing consistent at State/UT level for effective quality control of Ayurvedic, Siddha, Unani and Homeopathic medicines, which underwent clinical trials/research studies for COVID-19, Ministry directed to all State/UT Licensing Authorities to forward license application of such formulations with details and results of the clinical trial/research study for verification by the Central Government in the Ministry of Ayush and also directed that all State/UT Licensing Authorities shall grant the approval or license to manufacture for sale of any such formulation only after obtaining clearance from the Central Government.

14. On 14.08.2020- The Ministry of Ayush launched a three-month campaign on “Ayush for Immunity”, through webinar and publishing a campaign bulletin on Ayush for Immunity. More than 50 thousand people participated in the Webinar.

- 15. On 06.10.2020-** Government of India has released “**National Clinical Management Protocol based on Ayurveda and Yoga for management of COVID-19**” prepared by National Task force which consensus from various expert committees.
- 16.** Ministry of Ayush has also constituted core group of experts under the Chairmanship of Prof. Bhushan Patwardhan to identify and propose formulations on COVID-19 which are in line with Classical Ayurveda principles and have substantial leads on COVID-19 viz. one for prophylaxis as immunomodulatory, another for management of COVID-19 with antiviral properties and one product for post COVID-19 care.
- 17. On 26.04.2021-** Ministry of Ayush has also released Ayurveda, Unani and Siddha preventive measures for self-care during COVID-19 and Guidelines for Ayush Practitioners for COVID-19 Patients in Home Isolation.
- 18. On 27.04.2021-** Ministry of Ayush has also issued an advisory for Ayush practitioners on ethical practices during Covid 19 pandemic.
- 19. On 30.04.2021-** Ministry of Ayush vide its D.O. letter no. Y-18020/2/2020 –EP-III has requested all States/UTs to issue appropriate instructions to District Authorities urgently to involve District Ayurveda Officers in the management and mitigation of Covid-19 in the districts and utilize the services of Ayush doctors, Ayush healthcare providers and Ayush health care facilities extensively so that the shortage of manpower and infrastructure for the management of Covid-19 can be duly addressed.
- 20.** During the second wave of this pandemic, AYUSH-64 and Kabasura Kudineer has emerged as a ray of hope for the patients of mild and moderate COVID-19 infection. The scientists of reputed research institutions of the country have found that AYUSH-64, a polyherbal formulation developed by the Central Council for Research in Ayurvedic Sciences (CCRAS), Ministry of Ayush is helpful in the treatment of asymptomatic, mild and moderate COVID-19 infection as an adjunct to standard care. The Ministry of Ayush-Council of Scientific and Industrial Research (CSIR) collaboration has recently completed a robust multi-centre clinical trial to evaluate the safety and efficacy of AYUSH 64 in the management of mild to moderate COVID-19 patients. Further, Kabasur Kudineer, a siddha preparation was also subjected to clinical trials for studying the efficacy in Covid-19 patients by Central Council for Research in Siddha (CCRS) under the Ministry of Ayush, and found helpful in the treatment of mild to moderate covid-19 infection.
- 21. On 27.04.2021-** States/ UTs licensing authorities / Drug Controllers has been informed to allow the licensed manufactures for AYUSH-64 under their jurisdiction to include a new indication of AYUSH-64 for repurposing as an intervention for the management of asymptomatic, mild to moderate COVID-19 in addition to existing indication (s). Further, States/ UTs Licensing Authorities have been requested to expedite the process of the licensing/ approval of the application for the manufacturing of AYUSH-64.
- 22. On 03.05.2021,** Ministry of Ayush vide D.O letter no.S-16030/13/3030-NAM has also requested the States/UTs Governments to popularise the use of Kabasura kudineer and AYUSH-64 in the asymptomatic, mild to moderate COVID-19 patients at

isolation centres/ Covid Care Centre / Covid Health Centre, Ayush hospitals/ dispensary and patients in home isolation.

23. On 07.05.2021- In order to provide the maximum benefit of Ayush systems of medicine, a Nationwide campaign for the distribution of AYUSH-64 and Kabasura Kudineer through 86 clinical units of Research Councils and National Institute under the Ministry of Ayush across the country has been launched.

24. On 07.05.2021, for continuing with the efforts to augment human resources for the management of COVID-19 cases, the Ministry of Ayush has issued an advisory to deploy the trained Ayush human resources available with States/UTs for clinical management of COVID-19 cases.

25. On 11.05.2021, Ministry of Ayush has constituted a sub-committee to prepare “**Home care guidelines for children and Advisory for Ayush Practitioners about prophylactic care in Children**” under Inter-disciplinary AYUSH R&D Task Force.