

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**RAJYA SABHA  
UNSTARRED QUESTION NO.174  
TO BE ANSWERED ON 20<sup>th</sup> July, 2021**

**USE OF TRADITIONAL HEALTH KNOWLEDGE AND PANDEMIC  
MANAGEMENT TO TACKLE COVID-19**

**174 SHRI SURENDRA SINGH NAGAR:**

Will the Minister of AYUSH be pleased to state:

- (a) whether Government has used traditional health knowledge and pandemic management to prevent the spread of COVID-19, if so, the details thereof;
- (b) the details of the role of Ayurveda, Yoga and Naturopathy, Unani, Siddha, Sowa-Rigpa and Homoeopathy in managing COVID-19;
- (c) whether Government has used traditional health systems and vaccination modulations in COVID-19 management, if so, the details thereof; and
- (d) whether Government has found that modern medical practitioners protested against managing COVID-19 under AYUSH, if so, the details thereof?

**ANSWER  
THE MINISTER OF STATE OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI MAHENDRABHAI MUNJAPARA)**

(a)& (b): Yes. The details of the steps undertaken by the Ministry of Ayush using traditional health knowledge and pandemic management to prevent/manage the spread of COVID-19 are as under :-

i. Ministry of Ayush recommended self-care guidelines for preventive health measures and boosting immunity with special reference to respiratory health.

- a. General Measures
- b. Ayurvedic Immunity Promoting Measures
- c. Simple Ayurvedic Procedures
- d. During dry cough/sore throat

ii. Ministry of Ayush has issued guidelines for Registered Practitioners of the respective system of AYUSH. Director Generals of Research Councils and Directors of National Institutes have prepared these guidelines, with their team of experts and same is vetted by the Interdisciplinary AYUSH Research and Development Task Force of Ministry of Ayush. These guidelines are made available in the public domain to benefit registered AYUSH practitioners to help manage COVID-19 pandemic uniformly.

iii. Govt. of India has also released “National Clinical Management Protocol based on Ayurveda and Yoga for management of COVID-19”.

iv. Ministry of Ayush has also released Ayurveda, Unani and Siddha preventive measures for self-care during COVID-19 and Guidelines for Ayush Practitioners for COVID-19 Patients in Home Isolation.

v. Ministry of Ayush has also issued an advisory for Ayush practitioners on ethical practices during the COVID-19 pandemic.

vi. During the second wave of this pandemic, AYUSH-64 and Kabasura Kudineer have been found helpful in asymptomatic, mild and moderate COVID-19 infection as an adjunct to Standard care as per the studies conducted by Ministry of Ayush in collaboration with Ministry of Health and family Welfare, Ministry of Science and Technology (CSIR & DBT), Department of Science and Technology and reputed scientific organisations and hospitals.

vii. In order to provide the maximum benefit of Ayush systems of medicine, a Nationwide campaign was launched for distribution of AYUSH-64 and Kabasura Kudineer through Research Councils and National Institute under the Ministry of Ayush across the country with support from NGOs.

viii. Ministry of AYUSH has released Home care guidelines for children and Advisory for AYUSH Practitioners about prophylactic care in Children during the COVID-19 Pandemic.

(c): Government of India has advised the use of Ayush systems as prophylactic, management of mild to moderate cases of COVID-19 and post-COVID management.

(d): No.