

GOVERNMENT OF INDIA
MINISTRY OF AYUSH
RAJYA SABHA
UNSTARRED QUESTION NO. 1764
ANSWERED ON 14th DECEMBER, 2021

TACKLING MALNUTRITION USING TRADITIONAL MEDICINES

1764. SHRI SANJAY SINGH:

Will the Minister of **AYUSH** be pleased to state:

- a) whether Government has taken any initiative to identify effective medicines or treatment under Ayurveda, Yoga, Unani, Siddha & Homoeopathy (AYUSH) systems to tackle the problem of malnutrition;
- b) if so, the details thereof indicating the medicinal procedure developed to treat malnourished children;
- c) whether any collaborative project between Central and State Governments has been planned to address this problem; and
- d) if so, the details thereof and the reasons therefor?

ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)

(a) to (d): Yes, Sir. Ministry of Ayush is promoting Ayush-based diet and lifestyle and is working in convergence with the Ministry of Women and Child Development to realise the ultimate goal of “Suposhit Bharat” (nourished India).

Ministry of Ayush has launched a composite nutritional guideline as “Ayush Dietary Advisory for Kuposhan Mukh Bharat” to improve nutritional outcomes in children, pregnant women and lactating mothers with Ayush practices and principles. This guideline has been endorsed by the Ministry of Women and Child Development and circulated to the State/UT Governments to address this problem.

Ministry of Ayush has participated in the Poshan Maah and Poshan Pakhwada celebration under Poshan Abhiyaan organized by the Ministry of Women and Child Development through the National Institutes/Research Councils under the Ministry and Ayush Departments of all the State/UT Ayush Departments.

The National Institutes under the Ministry of Ayush had undertaken various activities such as Poshan Udyan (Nutri-garden) of medicinal herbs, brochure describing various Ayurveda Aahar recipes, Ayurveda Food Expo showcasing various innovative recipes like ready-to-eat healthy foods etc.

Ministry of Ayush has signed a Memorandum of Understanding (MoU) with Ministry of Women and Child Development on 20.09.2020 to work together on the objective of creating a joint framework for providing holistic nutritional care for women and children.

Ministry of Ayush has also provided inputs to the Department of Food and Public Distribution in revision of nutritional standards fixed under Schedule II of the National Food Security Act, 2013.
