

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH
RAJYA SABHA**

**UNSTARRED QUESTION NO. 170
ANSWERED ON 30TH NOVEMBER, 2021**

**TRAINING TO THE INSTRUCTORS AND DOCTORS OF YOGA AND
NATUROPATHY CENTRES**

**170. SHRI VIJAY PAL SINGH TOMAR:
SHRI HARNATH SINGH YADAV:**

Will the Minister of **AYUSH** be pleased to state:

- a) whether Government is encouraging people to go in for treatment through AYUSH for ensuring their wellness;
- b) if so, the details thereof, State/UT- wise;
- c) the details of the programme formulated as per the target for imparting training to instructors and doctors of the Yoga and Naturopathy centres; and
- d) whether Government has any plan to increase the number of such centres, if so, the details thereof?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a) & (b) Yes, Sir. The Ministry of Ayush is implementing the Centrally Sponsored Scheme of the National AYUSH Mission (NAM) in the country through State/UT Governments for the development and promotion of AYUSH system including operationalization of AYUSH Health and Wellness Centres. The State/UT Governments have been supported as per the provision of NAM guidelines for development and promotion of AYUSH Systems as per the proposal received in their State Annual Action Plans (SAAPs). The State/UT wise status of approved and established Ayush Health and Wellness Centres till date is furnished at **Annexure- I**.

The Morarji Desai National Institute of Yoga (MDNIY), New Delhi is running 4 Yoga Therapy Centres in Govt. Hospitals/Institute to integrate Yoga in the main stream medical care. List of such centres/units of MDNIY is enclosed at **Annexure-II**.

National Institute of Naturopathy (NIN), Pune as a part of multifaceted activities, through its OPD and public in-house & out-reach activities is encouraging people to go in for Naturopathy & Yoga treatment through AYUSH for their wellness.

The Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi is running Yoga & Naturopathy OPDs/ Wellness Centres in various prestigious Govt. hospitals/ institutions in various states to encourage people to go in for treatment through Yoga & Naturopathy. The details of OPDs/ Wellness Centres State/ UT-wise is at **Annexure – III**.

(c) MDNIY conducts Yoga Orientation/Re-orientation/Workshops programme for Instructors & Yoga Professionals/ Medical Professionals.

NIN, as a part of education & training activities, is imparting training for doctors & students through fellowship programs and Certificate courses/skill development respectively. Continuous Medical Education (CME), Women Empowerment/Component Program & ToT (Training to Trainers) are also conducted for imparting training in Yoga and Naturopathy.

CCRYN has formulated tele-Yoga guidelines for imparting training to instructors and doctors of the Yoga and Naturopathy centres.

Ministry of Ayush has conducted the training of Master trainers of Yoga Instructors of Ayush Health & Wellness Centers with the help of MDNIY for further cascading training at field level.

(d) No, Sir. There is no such proposal currently.

Annexure- I

State/UT wise details of Ayush Health and Wellness Centres (HWCs)			
S. No.	Name of State/UT	Ayush HWCs approved	Ayush HWCs established
1	Andman & Nicobar Island	6	6
2	Andhra Pradesh	110	0
3	Arunachal Pradesh	36	0
4	Assam	49	0
5	Bihar	108	18
6	Chandigarh	5	5
7	Chhattisgarh	200	21
8	Goa	9	9
9	Gujarat	265	136
10	Haryana	545	345
11	Himachal Pradesh	140	140
12	Jammu & Kashmir	194	161
13	Jharkhand	100	0
14	Karnataka	106	106
15	Kerala	90	66
16	Laddakh	14	0
17	Lakshadweep	5	3
18	Madhya Pradesh	362	352
19	Maharashtra	294	79
20	Manipur	5	0
21	Meghalaya	35	0
22	Mizoram	24	24
23	Nagaland	49	2
24	Odisha	100	59
25	Puducherry	3	3
26	Punjab	152	0
27	Rajasthan	500	361
28	Sikkim	18	18
29	Tamil Nadu	140	140
30	Tripura	38	0
31	Uttar Pradesh	592	141
32	Uttarakhand	70	45
33	West Bengal	100	82
	Total	4464	2322

List of Yoga Therapy Centres under Morarji Desai National Institute of Yoga (MDNIY)

1. National Institute of Tuberculosis and Respiratory Diseases, Sri Aurobindo Marg, New Delhi-110030
2. Vallabhbhai Patel Chest Institute, University of Delhi, Delhi
3. Rajan Babu Institute of Pulmonary Medicine and Tuberculosis, Kingsway Camp, Delhi -09
4. Institute of Human Behavior & Allied Sciences, Dilshad Garden, Jhilmil, Shahdra, Delhi.

Central Council for Research in Yoga & Naturopathy, New Delhi
OPDs/ Wellness Centres of Yoga & Naturopathy

S. No.	State/UT	Name of the OPD with address
1.	Delhi	OPD (Yoga & Naturopathy), Central Council for Research in Yoga & Naturopathy, No. 61-65, Institutional Area, Janakpuri, New Delhi-110058
2.	-do-	OPD (Yoga & Naturopathy), Room No.20, Psychiatry Wing, Dr. R. M. L. Hospital, New Delhi- 110001
3.	-do-	OPD (Yoga & Naturopathy), D/o Physiology, Lady Harding Medical College, New Delhi-110001
4.	-do-	OPD (Yoga & Naturopathy), Room. No.340 & 341, New OPD Block, Safdarjung Hospital & V.M.M.C., New Delhi-110029
5.	-do-	OPD (Yoga & Naturopathy), D/o Physiology, University College of Medical Sciences, Dilshad Garden, Delhi-110095
6.	-do-	OPD (Yoga & Naturopathy), Ch. Brahm Prakash Ayurvedic Charak Sansthan, Khera Dabar, Najafgarh, Delhi-110073
7.	-do-	OPD (Yoga & Naturopathy), CRIYN, Rohini, Delhi-110089
8.	Haryana	OPD (Yoga & Naturopathy), Pt. B. D. Sharma University of Health Sciences, Rohtak, Haryana (124001)
9.	-do-	Post-Graduate Institute of Yoga and Naturopathy Education and Research (PGIYNER), Devarkhana, Jhajjar, Haryana:
10.	Karnataka	Post-Graduate Institute of Yoga and Naturopathy Education and Research (PGIYNER), Nagamangala, Karnataka
11.	Madhya Pradesh	Yoga & Naturopathy Wellness Centre, Govt. Homeopathic Medical College & Hospital, Bhopal, Madhya Pradesh.
12.	Odisha	Yoga & Naturopathy Wellness Centre, OPD (Y&N), AYUSH Centre, AIIMS, Sijua-751019, Bhubaneswar, Odisha.
13.	Tripura	Yoga & Naturopathy Wellness Centre, Regional Research Institute for Homeopathy, Khumulwng, Jirania, Agartala, Tripura.