

**GOVERNMENT OF INDIA  
MINISTRY OF AYUSH  
RAJYA SABHA**

**UNSTARRED QUESTION NO. 170  
ANSWERED ON 30<sup>TH</sup> NOVEMBER, 2021**

**TRAINING TO THE INSTRUCTORS AND DOCTORS OF YOGA AND  
NATUROPATHY CENTRES**

**170. SHRI VIJAY PAL SINGH TOMAR:  
SHRI HARNATH SINGH YADAV:**

Will the Minister of AYUSH be pleased to state:

- a)** whether Government is encouraging people to go in for treatment through AYUSH for ensuring their wellness;
- b)** if so, the details thereof, State/UT- wise;
- c)** the details of the programme formulated as per the target for imparting training to instructors and doctors of the Yoga and Naturopathy centres; and
- d)** whether Government has any plan to increase the number of such centres, if so, the details thereof?

**ANSWER  
THE MINISTER OF AYUSH  
(SHRI SARBANANDA SONOWAL)**

**(a) & (b)** Yes, Sir. The Ministry of Ayush is implementing the Centrally Sponsored Scheme of the National AYUSH Mission (NAM) in the country through State/UT Governments for the development and promotion of AYUSH system including operationalization of AYUSH Health and Wellness Centres. The State/UT Governments have been supported as per the provision of NAM guidelines for development and promotion of AYUSH Systems as per the proposal received in their State Annual Action Plans (SAAPs). The State/UT wise status of approved and established Ayush Health and Wellness Centres till date is furnished at **Annexure- I**.

The Morarji Desai National Institute of Yoga (MDNIY), New Delhi is running 4 Yoga Therapy Centres in Govt. Hospitals/Institute to integrate Yoga in the main stream medical care. List of such centres/units of MDNIY is enclosed at **Annexure-II**.

National Institute of Naturopathy (NIN), Pune as a part of multifaceted activities, through its OPD and public in-house & out-reach activities is encouraging people to go in for Naturopathy & Yoga treatment through AYUSH for their wellness.

The Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi is running Yoga & Naturopathy OPDs/ Wellness Centres in various prestigious Govt. hospitals/ institutions in various states to encourage people to go in for treatment through Yoga & Naturopathy. The details of OPDs/ Wellness Centres State/ UT-wise is at **Annexure – III**.

**(c)** MDNIY conducts Yoga Orientation/Re-orientation/Workshops programme for Instructors & Yoga Professionals/ Medical Professionals.

NIN, as a part of education & training activities, is imparting training for doctors & students through fellowship programs and Certificate courses/skill development respectively. Continuous Medical Education (CME), Women Empowerment/Component Program & ToT (Training to Trainers) are also conducted for imparting training in Yoga and Naturopathy.

CCRYN has formulated tele-Yoga guidelines for imparting training to instructors and doctors of the Yoga and Naturopathy centres.

Ministry of Ayush has conducted the training of Master trainers of Yoga Instructors of Ayush Health & Wellness Centers with the help of MDNIY for further cascading training at field level.

**(d)** No, Sir. There is no such proposal currently.

**Annexure- I**

<b>State/UT wise details of Ayush Health and Wellness Centres (HWCs)</b>			
<b>S. No.</b>	<b>Name of State/UT</b>	<b>Ayush HWCs approved</b>	<b>Ayush HWCs established</b>
<b>1</b>	Andman & Nicobar Island	6	6
<b>2</b>	Andhra Pradesh	110	0
<b>3</b>	Arunachal Pradesh	36	0
<b>4</b>	Assam	49	0
<b>5</b>	Bihar	108	18
<b>6</b>	Chandigarh	5	5
<b>7</b>	Chhattisgarh	200	21
<b>8</b>	Goa	9	9
<b>9</b>	Gujarat	265	136
<b>10</b>	Haryana	545	345
<b>11</b>	Himachal Pradesh	140	140
<b>12</b>	Jammu & Kashmir	194	161
<b>13</b>	Jharkhand	100	0
<b>14</b>	Karnataka	106	106
<b>15</b>	Kerala	90	66
<b>16</b>	Laddakh	14	0
<b>17</b>	Lakshadweep	5	3
<b>18</b>	Madhya Pradesh	362	352
<b>19</b>	Maharashtra	294	79
<b>20</b>	Manipur	5	0
<b>21</b>	Meghalaya	35	0
<b>22</b>	Mizoram	24	24
<b>23</b>	Nagaland	49	2
<b>24</b>	Odisha	100	59
<b>25</b>	Puducherry	3	3
<b>26</b>	Punjab	152	0
<b>27</b>	Rajasthan	500	361
<b>28</b>	Sikkim	18	18
<b>29</b>	Tamil Nadu	140	140
<b>30</b>	Tripura	38	0
<b>31</b>	Uttar Pradesh	592	141
<b>32</b>	Uttarakhand	70	45
<b>33</b>	West Bengal	100	82
	<b>Total</b>	<b>4464</b>	<b>2322</b>

**List of Yoga Therapy Centres under Morarji Desai National Institute of Yoga (MDNIY)**

1. National Institute of Tuberculosis and Respiratory Diseases, Sri Aurobindo Marg, New Delhi-110030
2. Vallabhbhai Patel Chest Institute, University of Delhi, Delhi
3. Rajan Babu Institute of Pulmonary Medicine and Tuberculosis, Kingsway Camp, Delhi -09
4. Institute of Human Behavior & Allied Sciences, Dilshad Garden, Jhilmil, Shahdra, Delhi.

**Central Council for Research in Yoga & Naturopathy, New Delhi**  
**OPDs/ Wellness Centres of Yoga & Naturopathy**

<b>S. No.</b>	<b>State/UT</b>	<b>Name of the OPD with address</b>
<b>1.</b>	Delhi	OPD (Yoga & Naturopathy), Central Council for Research in Yoga & Naturopathy, No. 61-65, Institutional Area, Janakpuri, New Delhi-110058
<b>2.</b>	-do-	OPD (Yoga & Naturopathy), Room No.20, Psychiatry Wing, Dr. R. M. L. Hospital, New Delhi- 110001
<b>3.</b>	-do-	OPD (Yoga & Naturopathy), D/o Physiology, Lady Harding Medical College, New Delhi-110001
<b>4.</b>	-do-	OPD (Yoga & Naturopathy), Room. No.340 & 341, New OPD Block, Safdarjung Hospital & V.M.M.C., New Delhi-110029
<b>5.</b>	-do-	OPD (Yoga & Naturopathy), D/o Physiology, University College of Medical Sciences, Dilshad Garden, Delhi-110095
<b>6.</b>	-do-	OPD (Yoga & Naturopathy), Ch. Brahm Prakash Ayurvedic Charak Sansthan, Khera Dabar, Najafgarh, Delhi-110073
<b>7.</b>	-do-	OPD (Yoga & Naturopathy), CRIYN, Rohini, Delhi-110089
<b>8.</b>	Haryana	OPD (Yoga & Naturopathy), Pt. B. D. Sharma University of Health Sciences, Rohtak, Haryana (124001)
<b>9.</b>	-do-	Post-Graduate Institute of Yoga and Naturopathy Education and Research (PGIYNER), Devarkhana, Jhajjar, Haryana:
<b>10.</b>	Karnataka	Post-Graduate Institute of Yoga and Naturopathy Education and Research (PGIYNER), Nagamangala, Karnataka
<b>11.</b>	Madhya Pradesh	Yoga & Naturopathy Wellness Centre, Govt. Homeopathic Medical College & Hospital, Bhopal, Madhya Pradesh.
<b>12.</b>	Odisha	Yoga & Naturopathy Wellness Centre, OPD (Y&N), AYUSH Centre, AIIMS, Sijua-751019, Bhubaneswar, Odisha.
<b>13.</b>	Tripura	Yoga & Naturopathy Wellness Centre, Regional Research Institute for Homeopathy, Khumulwng, Jirania, Agartala, Tripura.