

**Demand for mandatory BLS technique training in academic institutions to reduce sudden cardiac arrest death rate**

SHRI SANT BALBIR SINGH (Punjab): Sir, I would like to bring to the attention of the House through you that according to a study, the death rate in the country is one crore annually, which means that every year one crore people die in one form or the other. A tenth of this means that one million deaths are due to sudden cardiac arrest alone. According to a cardiologist, the first 3 to 10 minutes are very critical for the patient at the time of sudden cardiac arrest. According to doctors, 3.5 lakh out of 10 lakh deaths could be saved if the bystanders pumped the victim's chest with both hands in a specific manner within these first three minutes. This technique is called BLS, that is, Basic Life Support. According to a survey, only less than 0.1 per cent of people know about this technique whereas every citizen of the country should be aware of it and be trained in it. So, if the training of this technique is made compulsory in schools, then many people's lives can be saved. I demand from the Government that training in this BLS technique should be made mandatory in schools across the country and this training should be made a part of education so that precious lives of people can be saved.

MR. CHAIRMAN: Hon. Members, the House stands adjourned to meet at 11 a.m. on Tuesday, the 6<sup>th</sup> February, 2024.

*The House then adjourned at seven of the clock till eleven of the clock on Tuesday,  
the 6<sup>th</sup> February, 2024.*