

पुलिस थाने में दर्ज हुए। यह तो केवल कोटा का हाल है, पूरे राजस्थान और देश में भी ऐसे बहुत से केसेज़ दर्ज होते हैं।

मेरा सरकार से यह निवेदन है कि इन शहरों में बच्चों पर पढ़ाई का दबाव कम करने और मानसिक अवसाद के सम्बन्ध में उनकी उचित देखभाल और ज्ञान हेतु ऐसे सेंटर्स बनाए जाएँ या कोचिंग संस्थानों में इस विषय पर एक पीरियड हो, ताकि देश की इस नई पीढ़ी को बचाया जा सके।

MR. DEPUTY CHAIRMAN: The following hon. Members associated themselves with the Special Mention made by the hon. Member, Shri Ghanshyam Tiwari: Dr. Fauzia Khan (Maharashtra), Shri R. Girirajan (Tamil Nadu), Dr. Sasmit Patra (Odisha), Shri Haris Beeran (Kerala) and Shrimati S. Phangnon Konyak (Nagaland).

**Demand to address issues related to Postnatal Maternal Mental Health for holistic care  
of new mothers**

SHRI TIRUCHI SIVA (Tamil Nadu): Sir, postnatal maternal mental healthcare is a critical issue that affects the well-being of countless Indian mothers. While we have made significant strides in maternal and child healthcare, mental health of new mothers remains overlooked. Postpartum depression (PPD) is a severe and prevalent condition, affecting 22 per cent of mothers in India. It impacts the mother's health and has long-term implications for child-development and overall well-being of a family. Despite its prevalence, PPD often goes undiagnosed and untreated due to lack of awareness, social stigma, and inadequate mental healthcare infrastructure. A major component in addressing this issue is the role of Auxiliary Nurse Midwives. ANMs are often the first point of contact for new mothers in rural areas. Their success in maternal and child healthcare is commendable, but their training in mental health for identifying and managing PPD requires significant enhancement. A study based in Pune demonstrated that targeted training programs can significantly improve ANMs' ability to manage high-risk cases, including those involving mental-health concerns. Widespread training is essential to equip them with necessary skills to address PPD. We require legislation that mandates mental health screening and support as part of routine postnatal care. Comprehensive training modules should be developed for ANMs and other healthcare workers, focusing on maternal mental health. Nationwide awareness campaigns will help de-stigmatise postpartum depression, encouraging mothers to seek help by establishing community-based support groups. I urge the Government to prioritise postnatal

maternal mental healthcare and ensure that new mothers receive the holistic care they deserve, fostering healthier families.

MR. DEPUTY CHAIRMAN: The following hon. Members associated themselves with the Special Mention made by the hon. Member, Shri Tiruchi Siva: Dr. Fauzia Khan (Maharashtra), Shri R. Girirajan (Tamil Nadu), Dr. Sasmit Patra (Odisha), Shri P.P. Suneer (Kerala), Shri Haris Beeran (Kerala), Dr. John Brittas (Kerala), Shrimati Jebi Mather Hisham (Kerala), Shrimati Mahua Maji (Jharkhand) and Dr. V. Sivadasan (Kerala).

**Demand to expedite construction and upgradation of new Airport infrastructure at Shimla**

SHRI HARSH MAHAJAN (Himachal Pradesh): Sir, I rise today to draw the attention of this august House to the critical need for the expedited construction and upgradation of the new airport infrastructure in Shimla, including the provision of more parking space for plane. But the current airport infrastructure is inadequate to meet the growing demands of tourism and other sectors. Due to the shortage of runways, only a limited number of fixed-wing planes can land, restricting the number of flights. It is my suggestion that at least 4 to 5 planes may be increased by inviting airlines with suitable planes to operate in the region. Additionally, the height of the airport restricts the passenger-carrying capacity of the planes to 36 seats, and on the return journey, it is reduced to just 25 seats. This greatly hampers tourism, commuters, and Government operations. The infrastructure is in poor condition, with acute parking shortages and other deficiencies. Hence, through you, I earnestly request the hon. Civil Aviation Minister to expedite the construction and upgrading of the airport building, including the addition of more parking space for planes and an increase in the number of planes. This will not only boost tourism but also significantly contribute to the overall economic development of the State.

MR. DEPUTY CHAIRMAN: The following hon. Members associated themselves with the Special Mention made by Shri Harsh Mahajan: Dr. Fauzia Khan (Maharashtra), Dr. V. Sivadasan (Kerala) and Dr. Sasmit Patra (Odisha).